



# Welcome to Leaping Leopards Preschool

Play • Learn Gymnastics • Prepare for Kindergarten



Leaping Leopards Preschool is led by Certified Teacher and Gymnastics Coach Lara Hummell. In collaboration with GymKats, we are offering a specialized preschool program that will provide a unique blend of academics and physical activity to prepare your child for kindergarten. In a safe and fun environment, your child will learn many new skills, have time to explore both classroom structure and gymnastics, while working on follow their leader and listening skills.

The Leaping Leopards program will focus on four key areas of development:

- 1) Core subjects
- 2) Motor Development
- 3) Exploration/Play-Based learning, and
- 4) Daily Physical Activity

## **Core Subject Based Curriculum**

All of our lessons are designed to prepare your child for Junior Kindergarten. Lessons will be focused on helping your child learn the basics in core subjects such as Math, Reading, and Writing. Throughout the year we will work on number and letter recognition, identifying colours, shapes, sizes, animals, weather and seasons.

## **Motor Development Curriculum**

Our lessons will incorporate motor development seamlessly with academic instruction. Each week, our gymnastics circuits will be designed to maximize active participation and prepare your child's mind and body to learn the weekly subjects. For instance, we will focus on object manipulation within the gym, which prepares the small muscles in your child's hand to hold a pencil, marker, crayon, or pen. We will use creative mediums, such as experimenting with Playdough, using scissors, tracing with crayons of various sizes, sorting different sized objects and threading beads to improve your child's dexterity, which is necessary for writing.

## Exploration/Play Based Curriculum

In each class there is dedicated time for your child to move freely explore different activities. Your child will be provided the opportunity to use water centers, build and create puzzles, colour and create art using a variety of mediums, or to further explore a previous activity. This is an important part of our daily preschool that allows your child to spend time exploring areas that are of particular interest and allows the instructor to view what motivates your child, which allows them to aid and further their learning in that area.

## Daily Physical Activity

Your child will have the opportunity to explore a wide variety of gymnastics equipment in the GymKats Jungle and learn fundamental gymnastic movements such as swings, rolls, locomotions, jumping, running, stopping, and turning. Your child will participate in circuits on vault, bars, rings, balance beam, and floor each day. GymKats focuses on using gymnastics as a medium with which to teach positive youth development - thus helping your child to practice skills in the gym that transfer to the classroom and beyond. We strive to help your child to develop confidence and confidence both in the gym and academically, and develop meaningful connections with their coach and classmates.



*We are excited to have your child join us for our Leaping Leopards Preschool!*



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